

You can start your volunteering journey in one of the following ways

Make an appointment

- Have an informal chat with one of our volunteer advisers—we now have appointments every day of the week!

Book on to one of our Introduction to Volunteering Sessions

- We have regular group sessions where you will find out more about volunteering and how to get started.

Register and apply on line

- Visit www.volunteerdacorum.org
- Click on 'get involved' tab
- Click on the 'log in/register' tab
- Complete the registration process as fully as possible to find opportunities to fit with your interests.

Call **01442 247209** or drop in to see us!

Have you thought about Volunteering?

There are so many benefits to volunteering.

You can:

Improve your mental health

Stay active

Make friends

Build up your CV

Gain new skills

Increase your confidence

Help your community

Administration/Reception

We have a number of roles that will utilise your office and admin skills

For example:

- One of our charities are looking for people to join their team to help answer the phones. If you enjoy working as part of a team then this is a great role for you.

Other roles include:

- | | |
|--------------------|--------------------------|
| – Office Volunteer | – Secretary |
| – Receptionist | – Project Coordinator |
| – Archivist | – Administration Support |

Advice, Information and Support

If you want to provide advice information and support, we have plenty of roles for you.

For example:

- Are you good at gathering information and delivering it to groups? One of our charities is looking for a dynamic individual who can support their clients.

Other roles include:

- | | |
|-------------------------------|----------------------|
| – Patient Representative | – Tour Guide |
| – Information Point Volunteer | – Welcomer |
| – Course Volunteer | – Employment Support |

Creative—Art, Design etc

These opportunities will help you flex your creative muscles

For example:

- A charity is looking for someone with good creative writing skills to highlight the work of their volunteers by nominating them for awards.

Other roles include:

- | | |
|-----------------------------|----------------|
| – Volunteer Radio Presenter | – Photographer |
| – Social Media Manager | |

Retail

A lot of charity shops in the Dacorum area are looking for help.

For example:

- A lot of the charity shops need shop assistants to help keep the shops looking neat and tidy and to help with any customer enquiries.

Other roles include:

- | | |
|------------------------|-----------------------------------|
| – Cash desk/till work | – E-bay lister |
| – Weekend assistants | – E-bay packer |
| – Shop walker/security | – Art and Craft Gallery Assistant |

Speciality

We have a few opportunities that require certain special skills

For example:

- A charity shop is looking for a qualified PAT tester to check electrical items donated to the shop.

Other roles include:

- | | |
|----------------------------|--------------|
| – Disability aids engineer | – Counsellor |
| – Complementary Therapist | |

Trustee/Board/Committee Member

We have quite a few organisations who are looking for Trustees and board members to help them with the running and administration of their charities.

For example:

- One organisation is looking for someone to scrutinise their operations to hold them to account

Other roles include:

- | | |
|---------------------------|-------------------|
| – Trustee | – Chair person |
| – Credit committee member | – School Governor |
| – Finance Trustee | – ICT Trustee |

IT

We have a couple of roles that will utilise your IT skills to help others.

For example:

- We have a charity that is looking for someone to help visually impaired people with their technology

Other roles include:

- IT Support Volunteer

Manual

We have a number of roles that require some manual labour. Great if you want to keep active while volunteering!

For example:

- One of our organisations needs some volunteer builders to help them with decorating, general carpentry etc.

Other roles include:

- Cleaner
- Hands on Practical Help
- Home box collector
- Warehouse Volunteer
- Drivers Mate
- Maintenance helper

Outdoor

If you want to get some fresh air while volunteering, one of the following roles may be perfect for you.

For example:

- We roles with a couple of charities that are looking for volunteer gardeners

Other roles include:

- Leaflet distributor
- Outdoor craftspeople
- Allotment Volunteer
- Street Collection Volunteer
- Marshals and event support

Drivers

Several charities require drivers to help their service users get around.

For example:

- A team of volunteers for a charity use their own cars in their free time to drive passengers to destinations such as hospitals, doctors etc.

Other roles include:

- Minibus driver
- Van driver

Environment

We have some charities that are all about helping the environment.

For example:

- Help keep the countryside pristine by picking up litter

Other roles include:

- Conservation volunteer

Events and Marketing

If you good organisation skills, you may fancy helping out with some event planning.

For example:

- Join a team to help raise awareness and get involved in planning & delivering local activities

Other roles include:

- Events coordinator
- Public Relations Volunteer
- Events Organiser
- Community Lead Volunteer
- Communications & Marketing

Fundraising

Are you a people person with good organisational and research skills? A role in fundraising may be for you.

For example:

- A volunteer is needed to give practical support at fundraising events and help to promote the charity within their local communities.

Other roles include:

- Home box Collector

General

If you want to help out but are not quite sure what to do, we have plenty of roles that require generally helping.

For example:

- One charity needs someone to help at their Day hospice. This would involve listening and talking to the patients, providing entertainment or enjoying lunch.

Other roles include:

- Post sorting volunteer
- Event volunteer
- Workshop assistant
- Collection box agent
- Tea Bar volunteer
- Hospice volunteer

Helping Animals

At the moment, we just have one opportunity that involves working with animals:

- A cat fosterer is required to look after a cat for a period time (it may be for a few weeks but it could be for a few months) until they are rehomed

Helping People with Learning Difficulties

Are you passionate about helping people with learning difficulties? We have a number of charities that are looking for volunteers to help.

For example:

- One charity has a club for adults with learning disabilities that meets once a month. They are looking for a volunteer to help with the activities.

Other roles include:

- Club Volunteer
- Riding for the disabled
- Swimming volunteer
- Activity helper
- Befriender

Helping Children

If you are interested in working with children, we have opportunities for you.

For example:

- A charity is looking for someone to help with their family group on Friday afternoons

Other roles include:

- Scout group helper
- Group volunteer
- Assistant Beaver/Cub/Scout leader
- Unit Helper
- Children and family volunteer

Helping the Elderly

We have a number of charities who work with the elderly and people with memory loss.

For example:

- A club for older people with mild to moderate memory loss are looking for a volunteer to help distribute refreshments and socialise with the members

Other roles include:

- Door-to-Store Helper
- Befriender
- Club helper